



By opening up your home to foster pets, you're not only helping to save lives, you're providing the individual attention and love these dogs desperately need.

Many of the dogs who need foster homes require extra care and attention. But in a loving foster home, every dog can get the individual attention he or she needs to find a forever family.

Care for foster dogs includes feeding according to size and needs, exercise according to energy levels, and lots of play time and positive socialization.

Although fostering is a lot of work, it is a very rewarding experience. By fostering, you are saving lives and helping many different types of dogs find the families they've been longing for.

## **What do foster families need to provide?**

Foster families need to provide:

- A healthy and safe environment for their foster dogs
- Socialization and cuddle time to help teach dogs positive family and pet relationships
- Lots of exercise and positive stimulation to help them develop into great dogs

## **How much time do I need to spend with a foster dog?**

As much time as you can. With that said, the amount of time will vary depending on the energy level and needs of the dog you are fostering. It is ideal to spend around two hours a day exercising and playing with your foster dog to ensure that he or she receives adequate socialization and stimulation.

## **Can I foster dogs even if I have a full-time job?**

Yes. If you have a full-time job, the foster coordinator will match you with a dog who may be OK alone during the workday. You would then just need to provide ample exercise before or after you go to work.

### **Can I foster a dog if I don't have a fenced yard?**

Yes. Even if you do have a fenced yard, we request that you supervise all outdoor activities with the foster dog. And we ask that you always keep him or her on a leash when you're on walks.

### **How long will the dog need to be in foster care?**

Ideally, foster dogs stay in their foster homes until they get adopted.

### **What if I want to adopt my foster dog?**

If you want to adopt a foster dog, you will need to complete an adoption application and follow the adoption process. If you do decide to adopt your foster dog, please email [info@cortezrescue.org](mailto:info@cortezrescue.org) right away because once the dog is up for adoption, we cannot hold him/her for anyone, including the foster parent.

### **What if my foster dog is not working out?**

You are not required to continue to foster a dog if you feel it's not working out. Please contact the foster coordinator if this situation arises.

### **Preparing for your foster dog**

When you take your foster dog home, he may be frightened or unsure about what's happening, so it's important not to overwhelm him. Prepare a special area for the foster dog to help ease his adjustment into a new home environment. Sometimes it is better to confine the foster dog to a small room or area at first, to let him adjust before giving him free rein in your home. This area should be large enough for an appropriately sized crate for

the dog and should allow the dog access to his food and water dishes and toys.

We request that all foster dogs be housed indoors only. A garage, backyard or outdoor run is not a suitable accommodation for a foster dog.

During the first couple of weeks, minimize the people and pet introductions to your foster dog, so that she is only meeting immediate family and your personal pets. If you have other pets at home, it is especially important to give your foster dog a space of her own where she can stay while getting used to all the new sounds and smells. Don't leave your foster dog unattended in your home with your personal pets until you are comfortable that all of the animals can interact safely.

## **Supplies you'll need**

Here's what you'll need to help your foster dog make a smooth transition to living in your home:

- At least one bowl for dry food and one for water: Stainless steel or ceramic work best.
- A supply of dry dog food: All dogs are fed dry food unless a special diet is needed. We use Natural Balance and ask that foster dogs be fed a food of that quality or higher quality.
- A collar with a Cortez Rescue ID tag and a leash
- A soft place to sleep: Old towels or blankets work well.
- A baby gate: This comes in handy to keep certain areas of your home off-limits.
- A crate: The crate should be large enough for the dog to stand up and turn around in, but not much bigger than that. Not all dogs use or benefit from a crate, please let us know if you would like one.
- Dog treats: Giving treats is a good way to help train and build a positive relationship with your foster dog.
- Dog toys: Make sure the toys are durable and appropriate for the size of your foster dog.
- Grooming supplies: A well-groomed dog has a better chance of getting adopted.

## **Dog-proofing your home**

Foster dogs come from a shelter environment, and even if they have previously lived in a home, we don't always know how they will react in a new home. So, before bringing home a new foster dog, you'll want to survey the area where you are going to keep your foster dog. Remove anything that would be unsafe or undesirable for the dog to chew on, and latch securely any cupboards and doors that the foster dog could get into. People food and chemicals can be very harmful if consumed by dogs, so please store them in a place that the foster dog cannot access. Never underestimate your foster dog's abilities. Here are some additional tips for dog-proofing your home:

- Make sure that all trash cans are covered or latched and keep them inside a closet. (Don't forget the bathroom trash bins.)
- Keep the toilet lids closed.
- Keep both people and pet food out of reach and off all counter tops.
- Move house plants or secure them. Some dogs like to play with them and may knock them over.
- Make sure aquariums or cages that house small animals, like hamsters or fish, are securely out of reach of your foster dog.
- Move and secure all electrical and phone wires out of reach. Dogs may chew on or get tangled in them.
- Pick up any clothing items that have buttons or strings, which can be harmful to your foster dog if consumed.
- Relocate knickknacks or valuables that your foster dog could knock down.

## **Choosing a foster dog**

The foster coordinator will work with you to select a foster dog who meets your specific requirements. We will always do our

best to match you with a dog who fits with your lifestyle and schedule.

## **Dog introductions**

If you have personal pets who are dogs, you'll want to introduce them to your foster dog one at a time and supervise their interactions at first. It's a good idea to introduce them outside in a large yard or on a walk, keeping all the dogs on leash and allowing them enough space to get adjusted to one another. If you can, it works best to schedule a time for your personal dogs to meet the foster dog before you take the foster dog home. In addition, make sure that high-value items (food, chew toys, plush toys, Kongs or anything else that your dogs hold in high regard) are put away whenever the dogs are interacting. You don't want to allow the possibility of a fight. Those high-value items are best placed in the dogs' personal areas. Finally, never feed your dogs in the same room as the foster dog; always separate them at feeding time.

## **Cat introductions**

We can't ensure that a foster dog has been "cat-tested," so if you have personal pets who are cats, you'll need to make the introduction to the foster dog carefully and safely. Never leave your foster dog unsupervised with any cats in your home.

## **Children and dogs**

Since we don't always know a foster dog's history or tolerance level for different types of people and activities, please teach your children how to act responsibly and respectfully around your foster dog. We will do our best to place you with an appropriate animal for your home situation, but you should still supervise all interactions between children and your foster dog. Key things to remind your children:

- Always leave the foster dog alone when he/she is eating, chewing or sleeping. Some dogs may nip or bite if bothered while eating or startled while sleeping.
- Do not take away a toy or prized possession from the foster dog.

- Do not tease the foster dog.
- Don't chase the foster dog around the house or run quickly around the foster dog; it may scare him.
- Pick up all your toys. Some dogs may not be able to tell the difference between what is theirs and what belongs to the kids.

## **Feeding**

All foster dogs should be fed a diet of dry dog food, unless otherwise specified by the foster coordinator. Feed your foster dog twice daily; the amount will be based on the age and weight of your foster dog. Make sure the dog always has access to fresh, clean water.

You can give your foster dog treats of any kind (unless he/she has known allergies, of course); giving treats helps you and your foster dog to bond with each other. Most dogs like to chew on things, so try rawhide chews, Greenies, antlers, Nylabones or Dentabones. Keep in mind, though, that not all dogs like to share, so only give these treats when your foster dog is confined to his/her own area.

## **Daily routine**

When you first take your foster dog home, take care not to overwhelm her with too many new experiences all at once. Sometimes, too much stimulation can cause a dog to behave unexpectedly toward a person or animal, which is why it's a good idea to keep introductions to a minimum during the first couple of weeks after you bring your foster dog home. It's also important to establish a daily routine of regularly scheduled feedings, potty breaks and walk times. Dogs take comfort in having a routine they can count on.

Also, on a daily basis, be aware of your foster dog's appetite and energy level. If she's not eating well or seems listless, something may be wrong medically.

## **House-Training**

It's unlikely that your foster dog will be perfectly house-trained when you take him or her home. At the very least, be prepared

for an adjustment period until your foster dog gets used to your schedule.

Because a dog has a better chance of being adopted if she is house-trained, please help your foster dog to perfect this skill. Take your foster dog outside to go potty multiple times per day (3-6 times daily, depending on age). Initially, you may need to take her out more frequently to remind her where the door to the outside is and to reassure her that you will take her out for potty breaks. Most dogs will give cues — such as standing near the door or sniffing the ground and walking in small circles — to indicate that they need to go out.

If your foster dog has an accident inside the house, don't discipline or punish her. It will only teach her to fear and mistrust you. Clean up all accidents with an enzymatic cleaner. Nature's Miracle and Simple Solution are two products containing natural enzymes that tackle tough stains and odors and remove them permanently.

## **Crate training**

Crate training, done in a positive way, can be an effective component of house-training. A crate can be a safe place for your foster dog to have “down time” and can also limit his access to the entire house until he knows the rules. A crate should never be used as a form of punishment and a dog should never be left in a crate for an extended period of time.

You can prevent problems with crate training by setting your foster dog up for success. He should only associate good things with the crate, so start by putting treats and/or toys in the crate and encouraging him to go in. Some dogs warm up to the crate slowly. If he is afraid to go in, place a treat in the crate as far as he is willing to go. After he takes the treat, place another treat a little farther back in the crate. Keep going until he is eating treats at the very back, then feed him his next meal in the crate with the door open, so that he can walk in and out at will.

Crate training a fearful dog can take days, so be patient and encouraging. If a crate is properly introduced and used, your foster dog will happily enter and settle down.

## **Mental stimulation and exercise**

Depending on your foster dog's age and energy level, he or she should get at least two 30-minute play sessions or walks with you per day. Try a variety of toys (balls, squeaky toys, rope toys, etc.) to see which ones your foster dog prefers. Remember to discourage the dog from playing with your hands, since mouthing won't be a desirable behavior to adopters.

You can also offer your foster dog a food-dispensing toy for mental stimulation. You hide treats in the toy and the dog has to figure out how to get the treats out.

## **Safety**

Please do not leave your foster dog outside unsupervised, even if you have a fenced yard. We ask that you supervise your foster dog when he is outside at all times to ensure that he doesn't escape or have any negative interactions with other people or animals. Your foster dog is only allowed to be off-leash in an enclosed backyard that is completely fenced in.

When walking or hiking with your foster dog, please keep her on leash at all times.

Your foster dog cannot ride in the bed of an open pickup truck. When you're transporting foster dogs, please keep them inside the vehicle.